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His research focuses on evidence-based medicine and developing improved treatments for individuals with mental illness throughout their lives using clinical trials and meta-analysis. His clinical and research interests concentrate on depression, anxiety, Tourette syndrome, ADHD, trichotillomania and OCD across.

He has published over 125 peer-reviewed manuscripts and was co-editor of the fifth edition of the Lewis Textbook of Child and Adolescent Psychiatry.

He serves on the editorial boards of the Journal of the American Academy of Child Psychiatry, Journal of Child Psychology and Psychiatry, Journal of Child and Adolescent Psychopharmacology and Depression and Anxiety.

Dr. Bloch treats and evaluates children with anxiety, depression, TS, OCD, ADHD and TTM as part of the Yale Child Study Center TS/OCD clinic and Yale Child Study Center Program for Anxiety Disorders.